



BASEBALL FUN AT THE SANDLOT

Summer 2009

Open to all incoming 6th – 12th graders

The program is open to any student entering grades 6 – 12 interested in baseball, and is designed to enhance their baseball skills through repetition in the summer. It is geared toward individual's capabilities, needs and interest. It runs concurrent with the Mounds View High School summer Weight Training program; so those high school participants that are already at the High School can conveniently participate before or after the weight training as they choose.

The program is intended to provide for unstructured baseball activity. As hockey players get better and learn to enjoy the game through being a "rink rat", basketball players through being a "gym rat", and so do baseball players, they gain skill and enjoyment for the game by being "field rats" without a coach or parent structuring it for them. The program is flexible- you show up on the days that you want, when your want, do what you want, and stay as long as you want.

The program offers instruction for those that want it, and unstructured activity for those that want that. Students can request instruction from Coach Downey on any aspect of baseball, take some swings, throw at pitching bullpen, field some balls, play some Home Run Derby, hotbox, whiffle ball, or do whatever they want to do to get better and just have fun. It will be held at the NEW Mounds View High School baseball field. Batting cages, baseballs, batting tees, and other baseball instruction/training equipment is provided.

There is a **5000 Swings Club program** (May – August). Any student who is interested keeps track of his extra swings (those in addition to his structured baseball team activity) throughout the summer. We'll have a form they can use. If he reaches 5000, he shows Coach Downey the form that he's used to count his swings each day, and Coach Downey will provide him with a Mustangs 5000 Swings T-shirt. Any extra swings count, not just those swings taken during this program. The student doesn't have to be completed by July 31, they have through the month of August - Coach Downey will get them a T-shirt after that.

Dates: June 15 – July 23 Monday-Thursday

(Off July 1, 2, 6, 7)

Time: 9:30AM – 12:00PM

Location: Mounds View High School Baseball Field

Cost: Summer Fun: \$35

(Participants will receive T-Shirts, included in cost of camp)

For additional information contact Mark Downey at 612-716-1088 or MarkDowney@charter.net

Register on-line using a Visa or MasterCard at:

http://www.moundsviewschools.org/comm_edu/youth_programs.asp

Return completed form on back of flyer and send payment to:

Community Education, Pike Lake Education Center,
2101 - 14th Street NW, New Brighton, MN 55112 Attn: Youth Programs
651-621-7400 ▪ 651-621-7405 (Fax)

Baseball Fun at the Sandlot – 6th – 12th graders

Students Name: _____ Grade Entering 2009-2010 _____
Print clearly

DOB ____/____/____ Male _____ Female _____ Student's Special Health Conditions: _____

Address: _____ City _____ Zip _____

Home # _____ Parent's Cell # _____

Parents E-Mail Address: (please print) _____
(If you wish to receive confirmation for this and future registrations)

Activity: **Baseball Fun at the Sandlot Grades 6-12** Adult T-Shirt Size (*circle one*) S M L XL XXL

Amount Enclosed _____ Check # _____ Cash _____
(Payable to ISD 621)

VISA/Master Card # _____ Expiration Date _____

Cardholders Signature required _____

Cardholders Name as it appears on credit card required (*please print*) _____